

Devotional	
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Read Ephesians 6:10-12

Ephesians 6:10

Now my beloved ones, I have saved these most important truths for last: Be supernaturally infused with strength through your life-union with the Lord Jesus. Stand victorious with the force of his explosive power flowing in and through you.

We need to know that God has given us the strength we need to stand victorious in any situation in life, through His indwelling Holy Spirit. You may not *feel* strong or *feel* His power in you, but He is there and His power is real.

Lean into Him. Start by acknowledging Him on the inside and practice an awareness of His presence in you and with you. God is real and alive and He wants to help you. Jesus died, was buried and rose again so we can be born again and reconciled to God. He ascended to the Father so we can receive His Spirit to live in us and be with us (John 14:17). Jesus said it was advantageous for us that He went away so that the Helper could come to us (John 16:7).

Our strength comes from God; from our union with Him and His glorious presence within us.

You are the apple of your Father's eye. He adores you and wants to help you. Turn to Him, look to Him and receive from Him the strength you need today. His power is in you to do you good and to empower you to be a blessing to others.

Praise God for His indwelling Spirit! Let Him empower you today.

Application

- 1. What is God saying to you through this passage?
- 2. Where do you turn when you're under pressure?
- 3. Acknowledge God's presence within. Turn to Him and let Him strengthen you.

Prayer

Thank you Father for sending Jesus to die for me so I can receive your Spirit, come to know You and be part of Your family. Thank you for supplying me with the strength I need every day to live victoriously, and even when I fall that you are there to lift me up. I surrender to You; be my strength today. May Your kingdom come and Your will be done in my life, in Jesus name. Amen